

John Monk's  
REVELATION TATTOO  
[www.revelationtattoo.com](http://www.revelationtattoo.com)

~ MICRO DERMAL AFTER-CARE INSTRUCTIONS ~

1. Never use hydrogen peroxide, neosporin, bactine or alcohol to clean your piercing. Even if you think something is wrong.
2. Avoid Lakes, Oceans, Hot Tubs, and Pools for two weeks.
3. Do not over clean your anchor. ONCE A DAY ONLY before you go to bed.
4. Do not try to clean behind your anchor.

INSTRUCTIONS:

Items Needed:

1. H2 Ocean Sea Salt Spray
2. Cotton Balls
3. Anti-Bacterial Foaming hand soap
4. Small round band-aids.

Clean your anchor once daily for one week, then clean as needed.

Cleaning your anchor(s) should take place before bed once daily to avoid over irritation.

First, take on cotton ball, soak it with warm water, alter it with one pump of the foaming soap. Hold the cotton ball lightly over the anchor for no less that 2 minutes (this will loosen up any dried blood or crust during the healing process). We do not want to be over concerned about cleaning behind the anchors as this will cause irritation; we want to concentrate on maintaining a clean piercing without over cleaning it.

After 2 minutes remove the cotton ball and use your H2 Ocean to remove all soap and body matter away from the anchor. Pat dry and apply band-aid (making sure none of the adhesive is attached to the jewelry).

PLEASE CALL WITH ANY QUESTIONS OR CONCERNS! - 816-420-0987